

# St James Swimming Pool Programme

Christmas holidays: Monday 21 December 2020 – Sunday 3 January 2021



## Main pool

Monday 21 December 2020	Lanes 6am – 9:30am	Water Aerobics 10am–10:45am	General Swim 11am – 12pm	Lanes 12pm – 1:30pm	General Swim 1:30pm – 6pm	Lanes 6pm – 7pm	Club 7pm – 10pm		
Tuesday 22 December 2020	Lanes 6am – 8:45am	General Swim 9am – 12pm		Lanes 12pm – 1:30pm	General Swim 1:30pm – 5:15pm	Lanes 5:15pm – 6:15pm	Water Aerobics 6:30pm–7:15pm	Water Aerobics 7:30pm–8:15pm	Club 8:15pm – 9:30pm
Wednesday 23 December 2020	Lanes 7am – 9am	Club 9am – 10am	General Swim 10am – 5pm			Lanes 5pm – 6pm			
Thursday 24 – Saturday 26 December 2020	CLOSED								
Sunday 27 December 2020	Lanes 8am – 9am	General Swim 9am – 4pm							
Monday 28 December 2020	Lanes 8am – 9am	General Swim 9am – 4pm							
Tuesday 29 December 2020	Lanes 7am – 9am	Club 9am – 10:30am	General Swim 10:30am – 6pm						
Wednesday 30 December 2020	Lanes 7am – 9am	Club 9am – 10:30am	General Swim 10:30am – 6pm						
Thursday 31 December 2020	Lanes 8am – 9am	General Swim 9am – 2pm							
Friday 1 January 2021	CLOSED								
Saturday 2 January 2021	Lanes 7am – 8am	General Swim 8am – 5pm							
Sunday 3 January 2021	Lanes 8am – 9am	General Swim 9am – 4pm							

For more information call 01553 764888 or visit [alivewestnorfolk.co.uk](http://alivewestnorfolk.co.uk)

**Main pool:** Children under 11 years of age must be accompanied in the water by a parent or responsible adult over 18 years of age, in line with the following guidance: children under four years – one parent or responsible adult to one child unless the children are wearing BS, EN or kite marked armbands where they may be accompanied on a ratio of two children to one adult.

**Learner pool:** Two children to one parent or responsible adult over 18 years of age.

**Information:** Members of the public will be called out of the pool five minutes before the end of the session.



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Tuesday 22 December 2020	General Swim 9am – 5:15pm	
Wednesday 23 December 2020	General Swim 9am – 5pm	
Thursday 24 – Saturday 26 December 2020	CLOSED	
Sunday 27 December 2020	General Swim 9am – 4pm	
Monday 28 December 2020	General Swim 9am – 4pm	
Tuesday 29 December 2020	General Swim 9am – 6pm	
Wednesday 30 December 2020	General Swim 9am – 6pm	
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